10% sales tax included. Credit and debit pay the regular price. Cash discount at pickup.

Menu items and availability subject to change.

FROM THE KITCHEN

Island plates & salad

ISLAND LUNCH SPECIALS · DAILY — 12 PM TO 3 PM CENTRAL

Prices shown as Regular/Card / Cash at pickup.



BBQ Fried Chicken
Lunch: $15.63 / $15.40
Regular: $20.10 / $19.80



Baked Chicken
Lunch: $16.75 / $16.50
Regular: $20.10 / $19.80



Curry Chicken
Lunch: $13.40 / $13.20
Regular: $17.86 / $17.60



Curry Goat
Lunch: $16.75 / $16.50
Regular: $22.33 / $22.00



Escovitch Fish
$27.91 / $27.50



Fresh Garden Salad
Fresh romaine lettuce, ripe red tomatoes, fresh sliced cucumbers, shredded carrots, thinly sliced red onions, and red, yellow and orange bell peppers. Enjoy it on its own or choose one optional protein. Escovitch Fish is available online; Steamed Fish requires a phone pre-order.
$7.82 / $7.70



Fried Chicken
Lunch: $14.51 / $14.30
Regular: $17.86 / $17.60



Jerk Chicken
Lunch: $15.63 / $15.40
Regular: $20.10 / $19.80



Jerk Pork
Lunch: $16.75 / $16.50
Regular: $24.56 / $24.20



Large Fish
$35.73 / $35.20



Oxtail
Lunch: $20.10 / $19.80
Regular: $27.91 / $27.50



Steamed Fish
$31.26 / $30.80
PHONE PRE-ORDER



Stewed Pork
Lunch: $15.63 / $15.40
Regular: $21.21 / $20.90

Fresh Garden Salad · optional protein

Fried Chicken: Regular/Card $18.98 · Cash $18.70

Jerk Chicken: Regular/Card $21.21 · Cash $20.90

Jerk Pork: Regular/Card $21.21 · Cash $20.90

Curry Goat: Regular/Card $24.56 · Cash $24.20

Escovitch Fish: Regular/Card $24.56 · Cash $24.20

Steamed Fish (phone pre-order): Regular/Card $24.56 · Cash $24.20

Oxtail: Regular/Card $26.80 · Cash $26.40

Ranch, House Dressing or none. Ask for dressing on the salad or on the side.

10% sales tax included. Credit and debit pay the regular price. Cash discount at pickup.

Menu items and availability subject to change.

TWO ISLAND FAVORITES

Combination plates

Prices shown as Regular/Card / Cash at pickup.



BBQ Fried Chicken & Curry Goat
$31.25 / $30.79



Curry Goat & Oxtail
$36.83 / $36.29



Escovitch Fish & Curry Goat
$40.18 / $39.59



Escovitch Fish & Fried Chicken
$40.18 / $39.59



Escovitch Fish & Jerk Chicken
$40.18 / $39.59



Escovitch Fish & Jerk Pork
$40.18 / $39.59



Escovitch Fish & Oxtail
$40.18 / $39.59



Fried Chicken & Curry Goat
$31.25 / $30.79



Fried Chicken & Jerk Pork
$31.25 / $30.79



Fried Chicken & Oxtail
$33.48 / $32.99



Jerk Chicken & Curry Goat
$32.37 / $31.89



Jerk Chicken & Fried Chicken
$30.13 / $29.69



Jerk Chicken & Jerk Pork
$32.37 / $31.89



Jerk Chicken & Oxtail
$34.60 / $34.09



Jerk Pork & Curry Goat
$33.48 / $32.99



Jerk Pork & Oxtail
$35.72 / $35.19



Steamed Fish & Curry Goat
$40.18 / $39.59
PHONE PRE-ORDER



Steamed Fish & Fried Chicken
$40.18 / $39.59
PHONE PRE-ORDER



Steamed Fish & Jerk Chicken
$40.18 / $39.59
PHONE PRE-ORDER



Steamed Fish & Jerk Pork
$40.18 / $39.59
PHONE PRE-ORDER



Steamed Fish & Oxtail
$40.18 / $39.59
PHONE PRE-ORDER

10% sales tax included. Credit and debit pay the regular price. Cash discount at pickup.

Menu items and availability subject to change.

MAKE IT A MEAL

Sides, soups & extras

Prices shown as Regular/Card / Cash at pickup.



Festival
Sold individually. Choose the number of pieces you would like.
$1.12 / $1.10



French Fries
$6.70 / $6.60



Fried Breadfruit
$7.82 / $7.70



Raw Slaw
$4.47 / $4.40



Rice & Peas
$6.70 / $6.60



Soup — Extra Large
$15.63 / $15.40



Soup — Large
$10.05 / $9.90



Soup — Medium
$6.70 / $6.60



Soup — Small
$4.47 / $4.40



Steamed Vegetables
Cabbage, carrots, onions, and red, yellow, orange, and green bell peppers.
$6.70 / $6.60



White Rice
$5.58 / $5.50



Extra Curry Gravy
Additional side of curry gravy. Charged separately.
$1.12 / $1.10



Extra Fried Chicken Sauce
Additional side of fried chicken sauce. Charged separately.
$1.12 / $1.10



Extra Jerk Sauce
Additional side of jerk sauce. Charged separately.
$1.12 / $1.10



Extra Oxtail Gravy
Additional side of oxtail gravy. Charged separately.
$1.12 / $1.10



Fried Plantain
$4.47 / $4.40



Hell Fire Jerk Sauce
Extra-Extra-Spicy Jamaican Jerk Sauce
$1.12 / $1.10



Pasta Salad
$5.58 / $5.50



Potato Salad
$5.58 / $5.50

10% sales tax included. Credit and debit pay the regular price. Cash discount at pickup.

Menu items and availability subject to change.

SIP SOMETHING GOOD

Drinks & bottled favorites

Prices shown as Regular/Card / Cash at pickup.



Aquafina Purified Water
Plastic bottle
$2.23 / $2.20



Coconut Water
$4.47 / $4.40



Cranberry Water
$5.58 / $5.50



Irish Moss
$5.58 / $5.50



Island Punch
$5.58 / $5.50



Loty
$5.58 / $5.50



Mango Carrot
$5.58 / $5.50



Soursop
$5.58 / $5.50



Ting
$4.47 / $4.40



Tropical Rhythms
$5.58 / $5.50



Vita Malt
$4.47 / $4.40



Coca-Cola
Coca-Cola in an original branded plastic bottle.
$3.35 / $3.30



Coke Zero
Coke Zero in an original branded plastic bottle.
$3.35 / $3.30



D&G Ginger Beer
D&G Ginger Beer in an original branded glass bottle.
$3.91 / $3.85
Product illustration



D&G Kola Champagne
D&G Kola Champagne in an original branded glass bottle.
$3.91 / $3.85
Product illustration



D&G Pineapple
D&G Pineapple Soda in an original branded glass bottle.
$3.91 / $3.85
Product illustration



Sprite
Sprite in an original branded plastic bottle.
$3.35 / $3.30



Sprite Zero
Sprite Zero in an original branded plastic bottle.
$3.35 / $3.30

10% sales tax included. Credit and debit pay the regular price. Cash discount at pickup.

Menu items and availability subject to change.

JA-BAMA CATERING

JA-BAMA BIG ISLAND PARTY PLATTER

BRING THE ISLAND TO YOUR NEXT CELEBRATION!



Promotional illustration. Actual portions, selected meats and presentation may vary.

Prices show Regular/Card first and the cash price underneath.

TAX-INCLUSIVE STARTING PRICES	10 guests	15 guests	20 guests
Classic Island Platter Affordable Island Favorites. Choose up to 2 meats: Fried chicken, Jerk chicken, Curry chicken, BBQ fried chicken, Baked chicken.	**$169.99** **$167.48**	**$249.99** **$246.30**	**$329.99** **$325.11**
Signature Island Platter **Recommended for Variety** More Choices. More Island Flavor. Choose up to 3 meats: Fried chicken, Jerk chicken, Curry chicken, BBQ fried chicken, Baked chicken, Jerk pork, Curry goat.	**$209.99** **$206.89**	**$309.99** **$305.41**	**$409.99** **$403.93**
Premium Island Platter The Ultimate Jamaican Feast. Choose up to 4 meats: Oxtail, Curry goat, Jerk pork, Jerk chicken, Fried chicken, Escovitch fish, Steamed fish.	**$249.99** **$246.30**	**$369.99** **$364.52**	**$489.99** **$482.75**
Optional Festival	**$15.00** **$14.78**	**$20.00** **$19.70**	**$25.00** **$24.63**

Automatically included with every package: Plain white rice, Rice & peas, Jamaican steamed vegetables, Fried plantains. Accompaniments are collectively portioned for your guest count. No selection is needed.

Optional Extras — Additional Cost: Extra portions of white rice, Extra portions of rice & peas, Extra portions of Jamaican steamed vegetables, Extra portions of fried plantains, Fried breadfruit, Pasta salad, Potato salad. Additional portions are priced upon owner confirmation.

Selected meats are collectively portioned to serve your guest count. Additional meats and larger quantities are available at an additional cost.

Estimates include tax. All requests are subject to owner confirmation of availability, quantities and final pricing. No payment is taken and no reservation is automatically confirmed.

21+ Guests — Request a Customized Quote

Please allow at least 48 hours' advance notice for catering. For shorter-notice requests, call 251-475-3676. All requests are subject to availability and owner confirmation.

10% sales tax included. Credit and debit pay the regular price. Cash discount at pickup.

Menu items and availability subject to change.

PLEASE READ BEFORE ORDERING

Ordering & customer policies

Hours, pickup & phone pre-orders

Steamed Fish and combinations containing it require phone pre-order. Escovitch Fish is available for regular online ordering when available.

Free pickup. Delivery is not currently available. Check the website for current availability.

Daily (Central): Lunch noon–3 PM. Regular orders noon–5:30 PM; pickup 12:25–6:30 PM. Preparation: 25 minutes.

Prices include 10% sales tax. The regular price applies to credit and debit cards. The lower price is a discount for cash at pickup. No processing surcharge. Add special instructions at checkout.

Find us in Foley

In front of Farm House Market, County Road 12, Foley, Alabama.

251-475-3676 · support@jabamaflavor.com

Included sides, add-ons & sauces

Eligible plates include one side and one add-on; two-protein combinations include one side and two add-on portions. Salad upgrades do not include complimentary sides or add-ons.

Sides: Rice & Peas, Plain White Rice, Festival, Fried Breadfruit, French Fries.

Add-ons: Fried Plantain, Pasta Salad, Potato Salad.

Choose applicable jerk sauce, brown gravy, curry gravy, oxtail gravy, or no sauce. Ask for it on the food or on the side. Hell Fire Jerk Sauce is free on applicable jerk dishes; extra portions are sold separately. Applicable jerk dishes may also choose one included curry or oxtail gravy for rice.

Food allergy information

Please call 251-475-3676 before ordering if you have a food allergy or dietary requirement. Ask about the ingredients and preparation of your chosen dishes.

Food may be prepared using shared equipment and preparation areas. Cross-contact with allergens may occur, and we cannot guarantee an allergen-free meal. Please discuss your needs directly with the business before placing an order.

Refund policy

Orders not picked up are non-refundable.

Customers who are dissatisfied with their food may receive a full refund upon returning the food. Please contact JA-BAMA FLAVOR LLC at 251-475-3676 to arrange the return and discuss your order.

Cancellation requests must be reviewed by the business before a refund is approved. Contact us as soon as possible. Steamed Fish and dishes containing Steamed Fish must be phone pre-ordered.

Privacy policy

JA-BAMA FLAVOR LLC uses the name, phone number, optional confirmation email address, pickup time, and order details you provide to prepare and manage your pickup order and communicate with you about it. Authorized business staff and service providers supporting ordering may access this information.

When enabled, payments are processed by Stripe on its secure hosted checkout. We do not collect or store your card details. Payment services have their own privacy policies. Essential owner-login cookies support secure menu management. No advertising trackers are installed.

To request access, correction, or deletion of your information, contact support@jabamaflavor.com or call 251-475-3676. Records may be retained as needed for accounting, legal requirements, and resolving order issues.